

PAIN EURO-MEDITERRANEAN COALITION ANNUAL MEETING 2018



Juan Quintana Director de Asuntos Gubernamentales y Comunicación Grünenthal Pharma

> Norbert van Rooij Area of Governmental Affairs and Health Policy Grünenthal GmbH

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> > > Joop van Griensven President PAE

Bart Morlion President of the European Pain Federation EFIC

> Sam Kynman Executive Director European Pain Federation EFIC

Object: Proposal for a stronger cooperation on chronic pain in Spain

Dears,

Last 6th of May 2018, in the framework of the IV edition of the "<u>SINE DOLORE WORLD PARK</u>, <u>Sine Dolore</u> <u>European Pain Foundation</u> and <u>Active Citizenship Network</u> promoted the event "<u>Making visible the invisible</u> <u>on Chronic Pain: sharing successful experiences from Spain to Europe</u>". This event followed a relevant initiative at EU Parliament realized on April 26th called "<u>From local to global: promoting societal impact of</u> <u>pain "SINE DOLORE WORLD PARK</u>" when the above mentioned associations cooperated together to present for the first time at EU level the unique theme park in the world against pain and for the quality of life. Both initiatives testify the high level of commitment on chronic pain by many actors in Spain.

In particular, the aim of the initiative carried out in Menorca last May was to facilitate the exchange of

experiences among managers/operators of good practices in the area of chronic pain -gathered across Spain- and to explore how to promote these win experiences at EU level.

The initiative involved leaders of Spanish patient organizations, apart the organizer Sine Dolore European Pain Foundation: Red Española Dolor Crónico (FM/SFC/SQM), Asociación Ciudadana Afectados Cistitis Intersticial-Síndrome Dolor Vesical (ACACI-CI-SDV), Confederación Nacional de Fibromialgia y SFC, Asociación Española de Pacientes con dolor neuropático, neuralgia del trigémino y disfunción de Articulación Temporomandibular (AEPA-ATM), ASPERGA-Asociación Galega de Asperger, Foro Espanol de Pacientes. For other associations interested to the topic, such as the Asociación de dolor pélvico perineal crónico (Adopec), Plataforma de Organizaciones de Pacientes and Asociación Española de Pacientes con Cefalea (AEPAC), it was impossible to attend.

The European and international perspective was guaranteed, apart the organizer Active Citizenship Network, by representatives of Pain Alliance Europe (PAE) and World Federation of Incontinence and Pelvic Pain (WFIPP).

Clinical & research perspective was guaranteed by experts from representative of Spanish Hospital "Unidad del dolor", representative of EMNIPRE-European Multidisciplinary Network in Pain Research and Education, representative of Sociedad Balear del Dolor, representatives of University of Cadiz and University of Granada.

The impact of pain in the society was also underlined by a cultural approach thanks the author of the book *"Inevitable como la vida. Cuando el dolor se llama fibromialgia".*

For participants, the meeting was also the opportunity to reflect on the challenges of pain care and management in Spain.

In particular, all participants agreed about the opportunity to promote at national level a multi-stakeholder platform able to provide opportunities for discussion for health care professionals, pain advocacy groups, politicians, healthcare insurance providers, representatives of health authorities, regulators and budget holders.

About it, it was nice to know that last <u>June 26th it was launched the national Societal Impact of Pain (SIP) in</u> <u>Spain</u>, following the experiences in other countries, such as France and Malta.

At the same time, it was strange to note the limited number of actors and experts involved.

We, the undersigned associations, in line with our commitment on chronic pain, confirm the interest to play an active role in the national Societal Impact of Pain (SIP) in Spain, and so we hope to be officially invited for the next meeting scheduled within the end of the year. And Sine Dolore European Pain Foundation would be honored to host the meeting of the SIP Spain in the framework of "SINE DOLORE WORLD PARK".

Sincerely,

Jordi Moya President of Sine Dolore European Pain Foundation olore Gemma Fernández-Bosch President of Asociación Sine Dolore

Marisol Soledad Morales Cañas President of Red Española Dolor Crónico (FM/SFC/SQM) les t tena ILIDAD DUÍMICA MÚLTIPLE Asun Caravaca Marín President of ACACI-CI-SDV, Asociación Ciudadana Afectados Cistitis Intersticial-Síndrome Dolor Vesical Asociación Ciudadana de Afectados de Cistitis Interstic Síndrome de Dolor Vesical Maria José Félix Mora President of Confederación Nacional de Fibromialgia y SFC Jèssica Sanchez President of Asociación de dolor pélvico perineal crónico (Adopec) C e Luis M. Torres President of the Andalusian Pain Association and Director of the Journal of the Spanish Society of Pain ASOCIACIÓN ANDALUZA DEL DOLOR Y ASISTENCIA CONTINUADA Mary Lynne Van Poelgeest-Pomfret President of World Federation of Incontinence and Pelvic Pain (WFIPP)

Manuel Corral Rosado I. EII Coordinador EMNIPRE - European Multidisciplinary EMNIPRE Network in Pain Research and Education Raúl Fernández General Secretary Efhre International University (EIU) RE EFH International University Mariano Votta Director of Active Citizenship Network Morriero Vode **OCTIVE CITIZENSHIP NETWORK**

October 26, 2018